

UNIVERSITY OF MADRAS
B.Sc. DEGREE COURSE IN PSYCHOLOGY
SYLLABUS WITH EFFECT FROM 2020-2021

BPY-DSC07

CORE-VII: DEVELOPMENTAL PSYCHOLOGY-II

Instr.Hrs.: 5
Credits : 4

Year : II
Semester: IV

Course Learning Outcome

After completion of the Developmental Psychology II course, the student will be able to:

1. Summarize the developmental process of puberty and adolescence
2. Relate the various development process of young adulthood
3. Explain the developmental tasks of middle age
4. Identify problems related to old age

UNIT I: PUBERTY

Meaning - Characteristics – Criteria – Causes – Age – Growth spurt – Body changes – Effects of puberty changes – Hazards & Happiness.

UNIT II: ADOLESCENCE

Characteristics – Developmental tasks – Physical change – Emotional changes – Social change – Interest – Morality – Sex interest and Behaviour – Family relationships – Personality change – Hazards & Happiness.

UNIT III: YOUNG ADULTHOOD

Characteristics – Developmental tasks – Changes in interest – Social Mobility – Sex role adjustments – Vocational adjustments – Marital Adjustments – Adjustment to parenthood – Adjustment to singlehood - Hazards of vocational and Marital adjustments – Success of Adjustment to adulthood.

UNIT IV: MIDDLE AGE

Characteristics – Developmental tasks – Adjustment to physical changes and mental changes – Social Adjustment – Vocational Adjustment – Adjustment to changed family patterns – Being single – loss of a spouse – Adjustment to approaching retirement – Vocational and Marital Hazards - Adjustment to approaching old age.

UNIVERSITY OF MADRAS
B.Sc. DEGREE COURSE IN PSYCHOLOGY
SYLLABUS WITH EFFECT FROM 2020-2021

UNIT V: OLD AGE

Characteristics – Developmental tasks – Adjustment to physical changes – Change in motor and mental abilities -Changes in interests – Vocational Adjustment – Retirement – Changes in family life – loss of a spouse – Living arrangement for elderly hazards.

REFERENCES

1. Hurlock, E. (1980). *Developmental Psychology*. New Delhi: Tata McGraw Hill Publishing Co.
2. Santrock, J. W. (1999). *Life span Development*. McGraw Hill.
3. Berk, L. C. (1996). *Child development*. Delhi, India: Prentice- Hall of India (Pvt) Ltd.
4. Berndt, T.J. (1997). *Child development*. Madison, WI: Brown & Benchmark Pub.
5. Papalia, D. E., Olds, S. W. (1994). *Child development*. New York, NY: Tata McGraw Hill.

WEB RESOURCES

<https://www.coursera.org/learn/developmental-psychology>