

**UNIVERSITY OF MADRAS**  
**B.Sc. DEGREE COURSE IN PSYCHOLOGY**  
**SYLLABUS WITH EFFECT FROM 2020-2021**

**BPY-DSC03**

**CORE-III: GENERAL PSYCHOLOGY – II**

**Instr.Hrs.: 6**  
**Credits : 4**

**Year : I**  
**Semester: II**

**Course Learning Outcome**

After completion of the General Psychology II course, students will be able to:

1. Spell out the different types of cognition, thinking processes, decision making and language development
2. Summarize the various theories of Motivation, frustration and conflicts
3. Outline the characteristics and theories of emotions and stress
4. Explain the nature , theories and assessment of Intelligence, Emotional Intelligence and creativity
5. Analyze various theories of Personality and describe the assessment & application of the Personality tests

**UNIT I: COGNITION**

Meaning – Cognitive Psychology- Types of cognition: – Mental Imagery – Concept, Problem solving- Steps- Barriers to Effective problem solving- Strategies of problem solving: Algorithms, Heuristic, Decision making – Step, Reasoning – Inductive and Deductive reasoning, Language: Nature - Main Components of Language – Phonemes- Morphemes – Syntax - Semantics – Pragmatics.

**UNIT II: MOTIVATION**

Motivation: Definition – Needs – Biological Needs – Social Needs - Psychological Needs , Theories of Motivation: Instincts – Drive-reduction theory – Arousal – Incentive – Opponent-Process – Cognitive theories – Social cognitive theory – Need theories, Classification of Motives: Physiological motives – Psychological motives, Conflict: Meaning- Types. Frustration: Meaning- Causes.

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**UNIT III: EMOTION AND STRESS**

Emotion: Meaning – Basic emotions- Components - Physiology of emotion - Expression of emotion – Theories of Emotions, Stress: Definition – Four variations - Stressors – Effects – General Adaptation Syndrome – Individual differences - Coping mechanism.

**UNIT IV: INTELLIGENCE AND CREATIVITY**

Intelligence: Definition - Concept of IQ - Individual differences in Intelligence –Mental retardation – Mentally gifted – Assessment of Intelligence, Emotional Intelligence: Meaning – Characteristics, Creativity: Definition- Nature – Steps - Characteristics of creative people – Creativity tests.

**UNIT V: PERSONALITY**

Personality: Definition - Theories – Psychoanalytic - Neo Freudian: Jung –Adler - Karen Horney – Erikson - Behavioristic view – Social Cognitive view - Humanism and Personality: Roger's theory – Maslow's theory - Trait Theories Psychology – Allport – Cattell - The Big Five Factors. Assessment of Personality, Uses of Personality tests,

**REFERENCES**

1. Cicarelli, K. S., Meyer, E. G. & Misra. (2008). *General psychology*. New Delhi, India: Dorling Kingsley (India) Private Limited.
2. Baron, R. A. (2010) *Psychology*. New Delhi, India: Pearson India Education Services Pvt Ltd.

**WEB RESOURCES**

1. <https://www.udemy.com/courses/search/?q=psychology&src=sac&kw=psychology>
2. <https://www.saylor.org/?s=psychology&submit=Search>
3. <https://www.coursera.org/learn/introduction-psychology>
4. <https://www.udemy.com/courses/search/?q=psychology&src=sac&kw=psychology>
5. <https://www.saylor.org/?s=psychology&submit=Search>
6. <https://www.coursera.org/learn/introduction-psychology>
7. <https://www.coursera.org/learn/self-determination-theory>
8. <https://www.coursera.org/learn/ignite-creativity>