

UNIVERSITY OF MADRAS
B.Sc. DEGREE COURSE IN PSYCHOLOGY
SYLLABUS WITH EFFECT FROM 2020-2021

BPY-DSA02

ALLIED-II: INTRODUCTION TO COMMUNITY PSYCHOLOGY

Instr.Hrs.: 6

Credits : 5

Year : I

Semester: II

Course Learning Outcome

After completion of the community psychology course, students will be able to:

1. Define and explain the core values of community psychology in Indian context
2. Analyse and evaluate various socio-cultural psychological models and behaviours of Indian youth
3. Critically examine the socio-economic indicators and its impact on development
4. Appraise the role of human development and family structure on Mental Health
5. Develop preventive measures and design promotion programmes for better community development

UNIT 1: INTRODUCTION

Community psychology- nature & Scope, Definition; Core values in community psychology; Role of community psychologist; understanding community; community in India; human diversity in context; applied social psychology in India.

UNIT 2: MODELS OF COMMUNITY PSYCHOLOGY

Mental health model; Behavioural model; Organisational model; Ecological model; Social action model; Integration of modern psychology with Indian thought, culture & psychology; culture & perspectives of psychology; Basic Indian values and behavioural disposition in the context of nation's development; Ambiguity of role models and values among Indian youth.

UNIT 3: SOCIO-ECONOMIC INDICATORS

Definition of social indicators; Population; Poverty; Beggary; Problems of education- Drop outs, education for special groups, rehabilitation, technological impact; unemployment & underemployment.

UNIT 4: PSYCHO-SOCIAL INDICATORS

Human development- family scenario in a developing country and its implication on mental health; Socialisation, family & psychological differentiation; Alcoholism & drug dependence;

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delinquency & crime; sexual harassment & violence; mental illness & mental health; understanding stress & coping in context.

UNIT 5: PROMOTION & PREVENTION

Social competence- key concepts; implementing programs; empowerment & citizen participation; Preventive efforts for mental illness- Primary, Secondary & Tertiary; Preventing problematic behaviour & promoting social; competence community and social change; program evaluation & program development.

REFERENCES

1. Shanmugam, T.E. (1988). Community Psychology. Utsavshanmugam pub.
2. Kloos, B., Hill, J., Thomas, E., Wandersman, A., Elias, M., & Dalton, J. H. (2012). Community psychology: Linking individuals and communities, Wadsworth, Cengage Learning: Belmont, CA, USA.
3. Sinha, D., Misra, G., & Dalal A.K. (2015). Psychology in India. New Delhi
4. Orford, J. (2008). Community Psychology: Challenges, Controversies and Emerging Consensus. John Wiley & Sons.
5. Mohanty, A. K., & Misra, G. (2000). Psychology of poverty and disadvantage. New Delhi: Concept Pub. Co
6. Zax, M. & Spector, G. A. (1974). An introduction to community psychology. New York: John Wiley & Sons.
7. Henry, N., & Powell, A. (2014). Preventing sexual violence: interdisciplinary approaches to overcoming a rape culture. New York: Palgrave Macmillan.

WEB RESOURCES

1. Community change in public health- www.coursera.org
2. Foundational Skills for community at health – www.coursera.org